

How does Jigsaw PSHE support the Church of England Principles and Charter in relation to RSHE?

In November 2019, the Church of England published Principles and a Charter entitled "Relationships Education, Relationships and Sex Education (RSE) and Heath Education (RSHE) in Church of England Schools". The document set out several key principles and then provides a Charter which schools can use. This document sets out how both the ethos and teaching content of Jigsaw PSHE support Church of England schools in delivering RSHE in light of this document.

Church of England Key Principles	Jigsaw PSHE
Church of England schools should ensure that their	Jigsaw is a unique, spiral, progressive and effective
RSHE curriculum protects, informs and empowers all	scheme of work for Personal, Social, Health Education
pupils. It should ensure that children are able to	(ages 3-16) aiming to prepare children for life, helping
cherish themselves and others as unique and	them really know and value who they truly are and
wonderfully made, and to form healthy relationships	understand how they relate to other people in this ever-
where they respect and offer dignity to others	changing world.
(SIAMS schedule page 11). It will provide pupils with	The Jigsaw Charter enables all children to develop the
the knowledge that will enable them to navigate and	skills to express their own views without fear of
contextualise a world in which many will try to tell	judgement by others and supports children in making
them how to behave, what to do and what to think.	their own decisions about their choices in life.
It will help them to develop the skills to express their	Explicit lessons on influences and pressures coupled with
own views and make their own informed decisions.	the underpinning mindfulness philosophy and ever-
	present valuing of the individual mean Jigsaw promotes
	this Church of England principle.
The Church of England welcomes, supports and	Jigsaw PSHE provides bespoke teaching and learning
expects the teaching of Relationships and Health	materials for both primary and secondary schools for the
Education in all Church of England Primary Schools.	teaching of all RSHE. For Primary Schools, support is
Primary Schools can decide whether they wish to	offered in the form of training and resources to aid open
choose to teach some aspects of Sex Education. In	communication with parents so that they can make an
Church of England Secondary Schools, Relationships,	informed decision about their right of withdrawal.
Sex and Health Education will be taught. Where Sex	
Education is taught parents will have the right to	
withdraw their children from that part of the	
curriculum 'other than as part of the science	
curriculum'	
We encourage all schools to approach RSHE in a	Jigsaw PSHE encourages schools and teachers to couch
faith -sensitive and inclusive way. Such an approach	their teaching of sensitive issues and their language in a
should seek to understand and appreciate	sensitive and age-appropriate manner, whilst still
differences within and across the teachings of the	delivering the specified content.
faith and other communities the school serves. It	
should give dignity and worth to the views of pupils	For more information on how Jigsaw PSHE complies and
from the faith and other communities represented	supports the Equality Act of 2010, see our article at
in the school as part of ensuring that the Equality Act	https://www.jigsawpshe.com/jigsaw-articles-3-11/
of 2010 is applied in the school. It should recognise	
that there is no hierarchy of protected	(Equality Act 2010. Available at
characteristics in the Equality Act and that	www.legislation.gov.uk/ukpga/2010/15/contents
sometimes different protected characteristics can be	
in tension as they cannot necessarily be equally	
protected at all times.	



THE CHURCH OF ENGLAND CHARTER FOR FAITH-SENSITIVE AND INCLUSIVE RELATIONSHIPS EDUCATION, RELATIONSHIPS AND SEX EDUCATION (RSE) AND HEALTH EDUCATION (RSHE)

The characteristic structure that the	
The Church of England Charter states that the	Jigsaw PSHE:
school will commit:	
To work in partnership with parents and carers. This will involve dialogue with parents and carers through all stages of policy development as well as discussing the resources used to teach their children and how they can contribute at home. It must, however, be recognised that the law specifies that what is taught and how it is taught is ultimately a decision for the school. That RSHE will be delivered professionally and as an identifiable part of PSHE. It will be led, resourced and reported to parents in the same way as any other subject. There will be a planned programme delivered in a carefully sequenced way. Staff will receive regular training in RSHE and PSHE. Any expert visitors or trainers invited into the school to enhance and supplement the programme will be expected to respect the schools published policy for	Jigsaw positively promotes working with parents and carers. Within the Community Area of our website (password access is given to our schools) there are resources and leaflets for parents and carers explaining Jigsaw PSHE in general and the RSHE materials specifically. PSHE leaders and other school stakeholders can pay a nominal fee to attend regional RSHE training, and PowerPoints and resources are provided free of charge on the Community Area to support schools in hosting parent information workshops. Schools can request that a Jigsaw Consultant co-host this for an additional fee. As detailed above, training is offered for PSHE leaders to then train their staff and run parent information workshops, or Jigsaw consultants can come into school to train staff and/or co-host for parents. This will always be carried out in liaison with the school as to which aspects of the sex education the school has chosen to teach, and which materials they have chosen to use.
RSHE.	
That RSHE will be delivered in an inclusive way that gives dignity, respect to all that make up our wonderfully diverse society, including the LGBT+ community. It will be taught in a way that is sensitive to the faith and beliefs of those in the wider school community and will seek to fairly explain the tenets and varying interpretations of religious communities on matters of sex and relationships. It will value the importance of faithfulness as the underpinning and backdrop for relationships. It will encourage pupils to develop the skills needed to disagree without being disagreeable, to appreciate the lived experience of other people and to live well together.	Jigsaw provide a downloadable PDF document which explains how Jigsaw sensitively educates children aged 3-11 about LGBTQ relationships. This leaflet is intended for Parents and Carers of children attending Primary Schools that teach using Jigsaw, the mindful approach to PSHE / Health and Well-being, as part of the curriculum. The document clearly explains what is taught about LGBTQ relationships during lesson-time and how Jigsaw PSHE supports the school in meeting its statutory curriculum obligations regarding education, safeguarding, relationships and health education for 3-11 year-olds. This work is done in the context of valuing every child and every child's family context.
That RSHE will seek to build resilience in our pupils to help them form healthy relationships and resist the harmful influence of pornography in all its forms. It will give pupils opportunities to reflect on values and influences including their peers, the media, the internet, faith and culture that may have shaped their attitudes to gender, relationships and sex. It will promote the development of the wisdom and skills our pupils need to make their own informed decisions.	Throughout Jigsaw PSHE, the focus is on healthy relationships. This is evident in our teacher training as well as the materials that the children will encounter in their lessons. Influences such as peers, media and the internet and its contents are discussed, and children are allowed and encouraged to form their own moral standpoint about the dangers of being compelled to behave in any way by outside influences. Children are taught how to be assertive and resist such pressures, enhancing their resilience and ability to stay safe and get help if needed.

That RSHE will promote healthy resilient	Although non-denominational in character, the
relationships set in the context of character and	values embedded within Jigsaw PSHE fully embrace
virtue development. It will reflect the vision and	and support those shared by Church of England
associated values of the school and develop	schools. The morals, ethical discernment and care
character and virtues such as honesty, integrity, self-	for each other and the world that children learn
control, courage, humility, kindness, forgiveness,	throughout the Jigsaw Programmes can align with
generosity and a sense of justice. It will encourage	Church of England Christian values.
relationships that are hopeful and aspirational.	Aspects that all children work on within the first unit of the year (Being Me in My World) require
	them to examine their own beliefs in what is right
	and wrong and how to be a good friend. Within a
	church school setting, this could easily be linked to
	the Christian virtues listed. This is continued
	throughout the year and is very evident in the
	Relationships unit and in the Weekly Celebration
	theme highlighting a behaviour or attitude linked
	to specific values.
	For further details about the support Jigsaw
	provides for character and values, see our article
	"How do Jigsaw Programmes (including Jigsaw, the mindful approach to PSHE 3-16, Resilience and
	Engagement Scale and Toolkit and Jigsaw Families)
	support the 2018 SIAMS inspection framework?"
That RSHE will be based on honest and medically	Jigsaw PSHE has bespoke teaching and learning
accurate information based on reliable sources of	materials and resources which support teachers in
information, including about the law and legal rights.	ensuring the factual nature of RSHE is accurate.
It will present a positive view of human sexuality. It	We regularly update our materials and these
will distinguish between different types of	updates are free of charge to our schools.
knowledge and opinions so that pupils can learn	
about their bodies and sexual and reproductive health as appropriate to their age and maturity.	
To take a particular care to meet the individual	All Jigsaw PSHE units (Puzzles) come with
needs of all pupils including those with special needs	suggested activities and differentiation for pupils
and disabilities. It will ensure that lessons and any	with SEND. In saying that, the safe ethos of the
resources used will be accessible and sensitive to the	Jigsaw classroom (with the use of the Jigsaw
learning needs of the individual child. We	Charter) will ensure that every child has the right
acknowledge the potential vulnerability of pupils	and chance to speak and be heard. The open-
who have SEND but recognise the possibilities and	ended and discursive nature of the lessons ensures
rights of SEND pupils to high quality relationships	that those children with SEND will still be able to
and sex education.	access the materials and outcomes as appropriate,
	but teachers will need to be responsible for differentiating to meet their students' needs
To seek pupils' views about RSHE so that the	differentiating to meet their students' needs. The scenarios contained within the second edition
teaching can be made relevant to their lives. It will	of Jigsaw PSHE ages 3-16 ensure that teachers can
discuss real life issues relating to the age and stage	discuss and select those most appropriate to their
of pupils, including friendships, families, consent,	pupils. All topics listed within the Charter are
relationship abuse, exploitation and safe	addressed age-appropriately and can be discussed
relationships online. This will be carefully targeted	at parent workshops. There is a particular focus on
and age appropriate based on a teacher judgment	on-line safety, safeguarding and relationships.
about pupil readiness for this information in	Throughout.
consultation with parents and carers.	



Alison Harris Senior Jigsaw Consultant December 2019

